

# TAROT CARD SPREADS

for



Love  
SEX &  
Relationships

The Daily Tarot Girl

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# Welcome to *Tarot Card Spreads for Love, Sex & Relationships!*

I created this Tarot spreads e-book because love and relationships are the number one topic that people ask about during a Tarot reading. In fact, sometimes I feel like ALL the readings I give revolve around romantic concerns. So I decided to create something that would help others use their own deck of Tarot cards to get insight, clarity and inspiration regarding their relationships.

The Tarot spreads in this e-book range from helpful and serious to light and fun....and maybe even a little raunchy! Whether you are happily single, in a relationship, looking for love or going through a break-up, there is a Tarot spread for you!

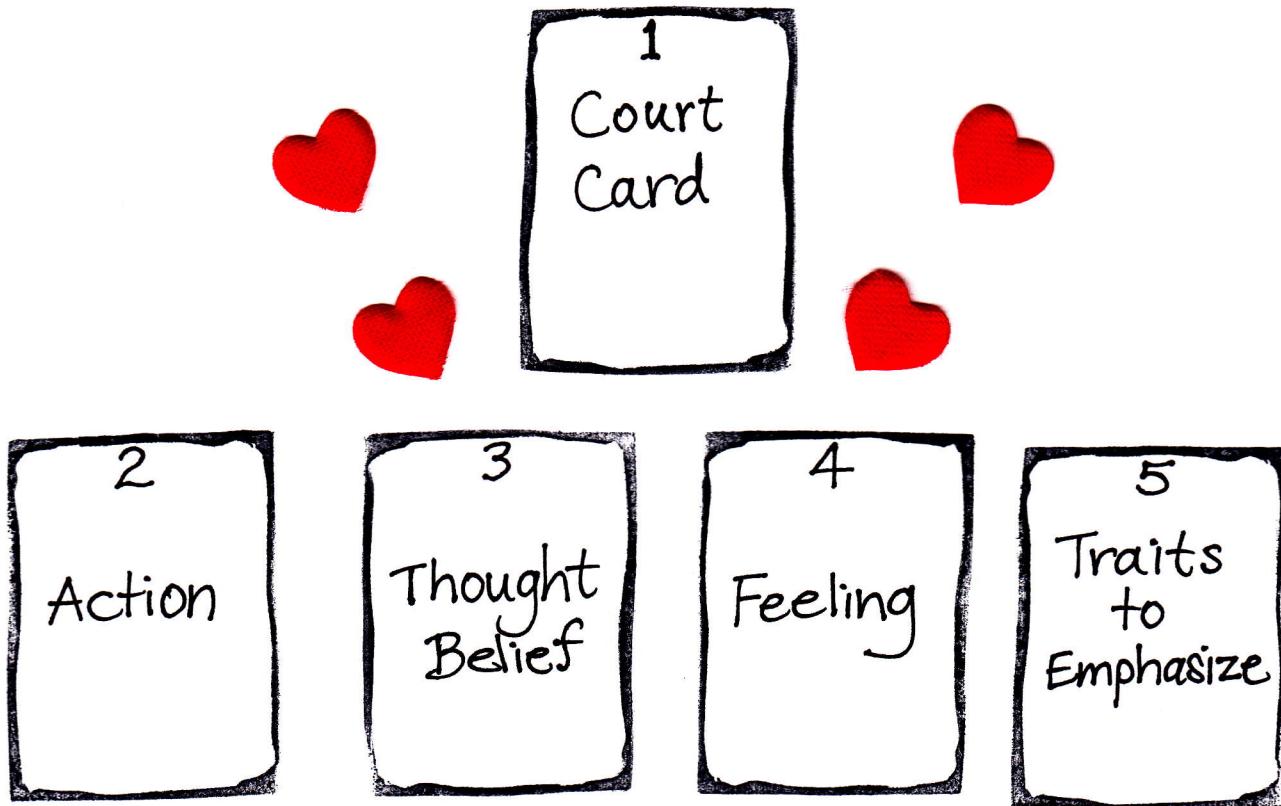
The purpose of a Tarot card spread is to provide a framework for a reading. Tarot spreads help you get specific information and answer specific questions. However, don't let your Tarot spread fence-in your interpretations. Feel free to read "outside the box" when you are called to. Just because a card is in a particular position doesn't mean you have to read it in that light if it doesn't feel right. Go with your instincts! That is what Tarot reading is all about.

Think of this e-book as part of your magical Tarot toolkit, something you can whip out whenever you need a little guidance in the romantic area. It is my desire that *Tarot Card Spreads for Love, Sex & Relationships* brings laughter, guidance and joy to your Tarot reading practice.

Namaste and Happy Reading!

Kate  
The Daily Tarot Girl

# Manifest A Lover



This Tarot spread lets you know what you can do, think and feel to attract the right person into your life.

**1) Court Card** ~ Consciously choose a court card to represent the kind of person you want to attract. Get clear on the characteristics you want this person to have and write these down in a journal.

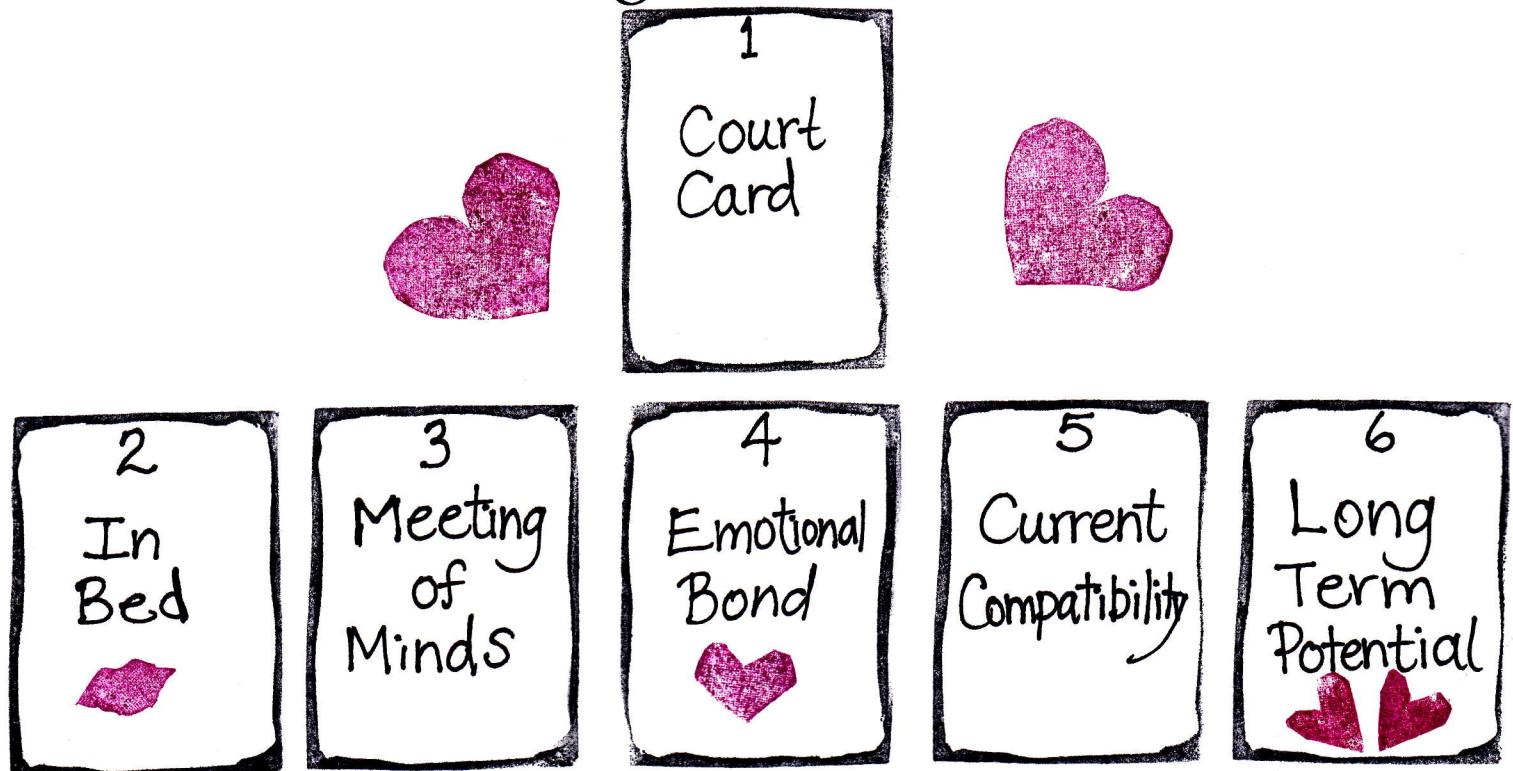
**2) Action** ~ what you can do action-wise to attract a mate

**3) Thought/belief** ~ thoughts or beliefs that will attract romance. If this card is more negative, it can indicate thoughts and beliefs that you need to release

**4) Feeling** ~ feelings that will energetically attract the right person. If this card is more negative, it could indicate feelings that need to be healed before you can manifest a romance

**5) Traits to Emphasize** ~ your natural characteristics that, when emphasized, will make you deliciously attractive!

# Evaluating A Potential Lover



This "pyramid spread" is a really fun Tarot spread to do if you've just met someone interesting and you are curious about what kind of a lover they will be....

**1) Court Card** ~ consciously choose a court card to represent the person you have in mind

**2) In Bed**

- What is this person like in bed?
- Will you be sexually compatible?

**3) Meeting of Minds**

- What is this person like intellectually?
- Will you two have lots to talk about or are you on different wavelengths?

**4) Emotional Bond**

- What is your potential lover like on an emotional level?
- Will you be able to connect emotionally with him/her?

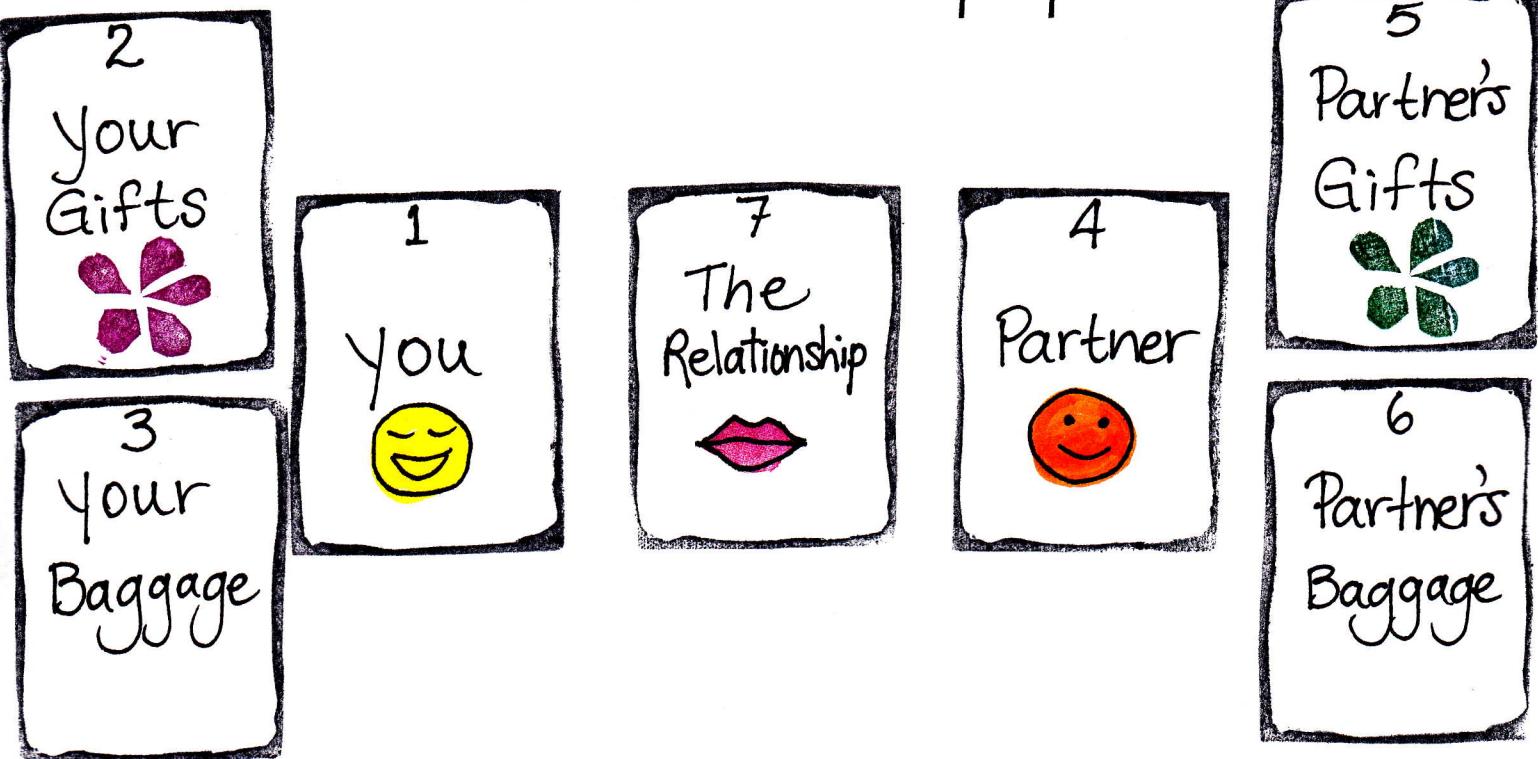
**5) Current Compatibility**

- How compatible are you with this person right now?

**6) Long-term Potential**

- If you get together with this person, will your relationship last?

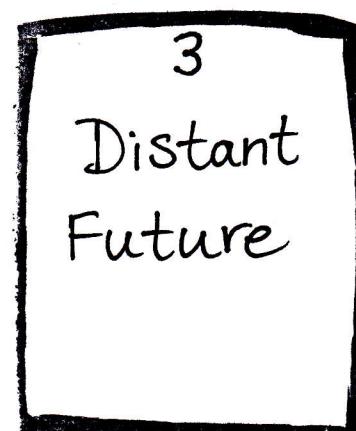
# The New Relationship Spread



If you are in a new relationship, this Tarot card spread will give you insights into what you and your partner bring to the table and whether or not you are a good match. You can also do this spread if you have been in a relationship for a while, as it will bring you fresh new perspective and confirmation of what you already know.

- 1) **You** ~ The role you play in this partnership & what is going on for you right now
- 2) **Your Gifts** ~ The positive qualities you bring to the relationship
- 3) **Your Baggage** ~ The negative "stuff" you bring to the relationship (unresolved past hurts, challenges)
- 4) **Partner** ~ The role your partner plays in the relationship and what is going on for him/her right now
- 5) **Partner's Gifts** ~ The wonderful things your partner brings to the relationship
- 6) **Partner's Baggage** ~ Any challenges or unresolved issues from the past that your partner carries
- 7) **The Relationship**
  - The "product" that is a result of your combined gifts, baggage and personalities
  - Whether or not you two are a good match

# Where is this Relationship Going?



All relationships have lull periods and it can be hard to know if you should be worried or just relax. This basic, 3-card spread will give you a snapshot of your relationship to help you decide if its time to move on, or stick around and enjoy your bright future together.

## 1) Now

- What your relationship is like now
- Your current relationship issues and strengths

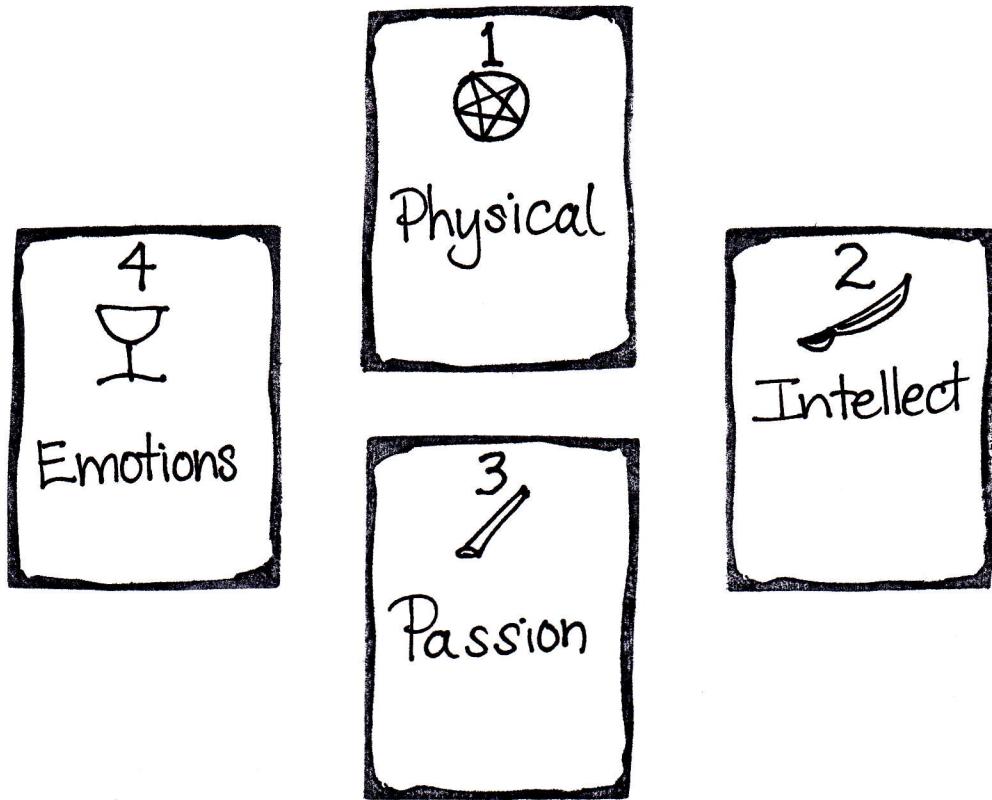
## 2) Near Future

- How your relationship will be over the next few weeks
- Any challenges that could come up in the near future

## 3) Distant Future

- Long-term potential of your relationship
- Where things are headed

# How to Enhance Your Relationship



This spread uses the four directions and four elements of Earth. First, divide your deck up into 4 piles: *Wands*, *Cups*, *Swords* and *Pentacles*. Put the Major Arcana cards aside. Place each pile face-down and choose a card from each pile to go in it's corresponding element position (example: a card from the Cups pile would go in the water/cups position)

## 1) North/Earth/Pentacles ~ Physical Connection & Security

- How to ignite your physical/sexual relationship
- How to increase the feeling of safety and security in your relationship

## 2) East/Air/Swords ~ Intellectual Bond & Communication

- How to connect more powerfully on a mental level
- How to best communicate your ideas to your partner

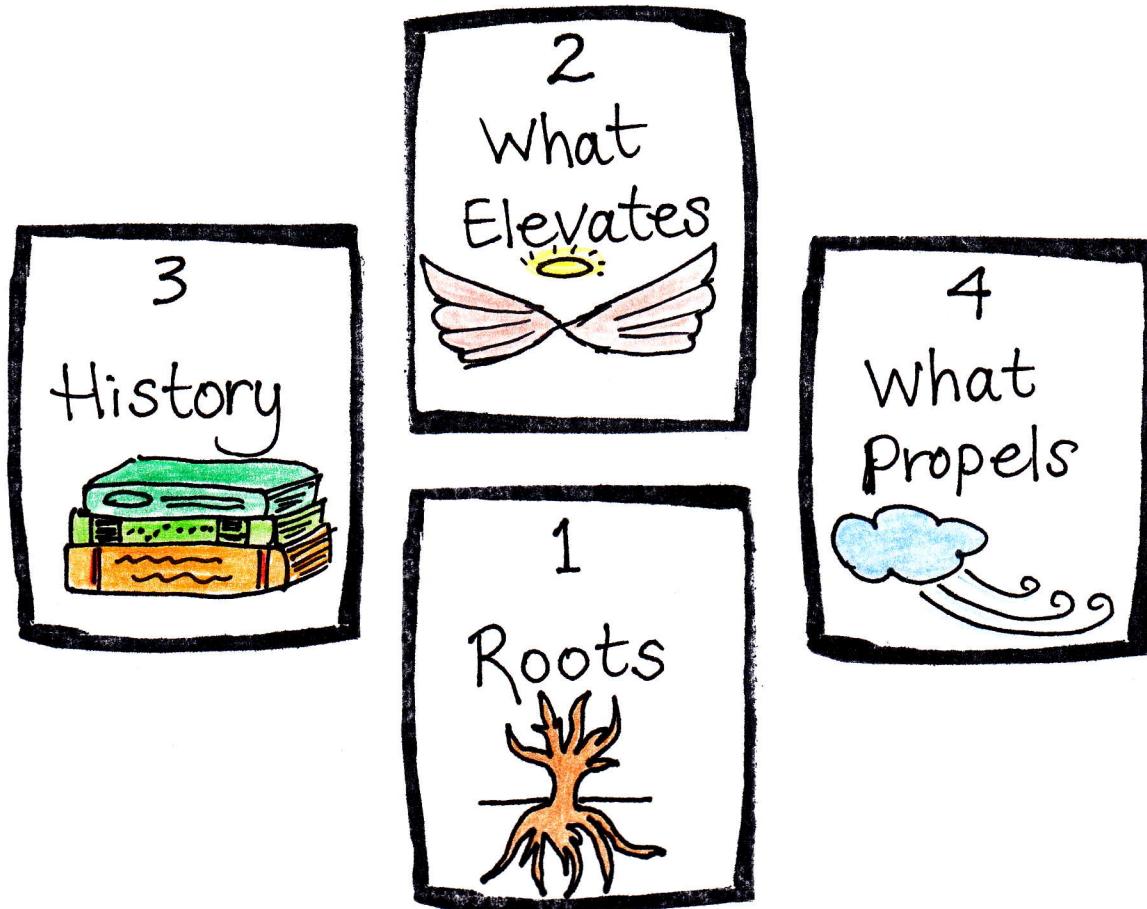
## 3) South/Fire/Wands ~ Passion & Spiritual Bond

- What you can do to enhance the passion you share with your lover
- How to deepen your spiritual connection with your partner

## 4) West/Water/Cups ~ Emotional Intimacy & Communication

- How to best communicate your feelings to your partner
- How to feel more emotionally connected

# Your Relationship's Greatest Strengths



This Tarot spread reveals the key strengths of your relationship and indicates if and where there are any areas of instability.

## 1) Roots

- What makes your relationship stable and strong
- How grounded your relationship is

## 2) What Elevates

- What lifts your relationship up
- What makes your time together fun and blissful

## 3) History

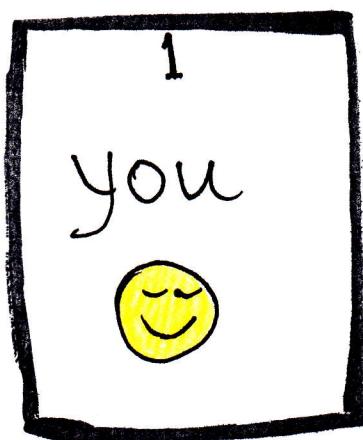
- What your history as a couple is like
- How the past has either strengthened or weakened your bond

## 4) What Propels

- What moves your relationship forward / why you stay together
- Key strengths that will help your relationship flourish over time

# The Threesome: What's Coming Between

You?



This spread isn't as steamy as its title suggests....so don't get too excited! If you are having any relationship troubles, this is a very simple 3-card spread that captures what is going on for you and your partner and how you can best resolve things.

## 1) You

- What is going on for you right now
- How you are feeling about the relationship
- Things you might be doing to sabotage the relationship without realizing it

## 2) Your Partner

- What is going on for him/her right now
- How he/she feels about the relationship
- Things he/she may be doing to contribute to the problem

## 3) Resolve Conflict

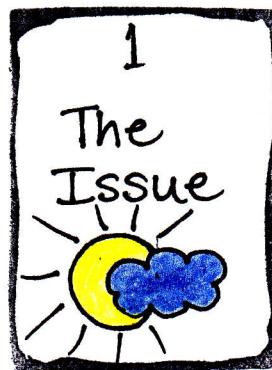
- What is coming between you
- How you can best resolve things
- What you can do to improve communication and understanding

# The Love Problem Cure

3  
what  
you  
haven't  
considered

2  
what  
you  
want

4  
Let  
Go.  
:



This 5-card Tarot spread will give you insight into any relationship issue you are having. For card #2, you will consciously choose a card to represent how you would like this situation to turn out

## 1) The Issue

- The basis of your relationship problem
- The characteristics of your relationship issue

## 2) What You Want

- Consciously choose a card to illustrate your desired outcome
- Use this card as a reference point as you interpret all the other cards

## 3) What You Haven't Considered

- Aspects of this issue that you are unaware of or haven't fully considered
- Unacknowledged desires or unconscious habits that play a role in this situation

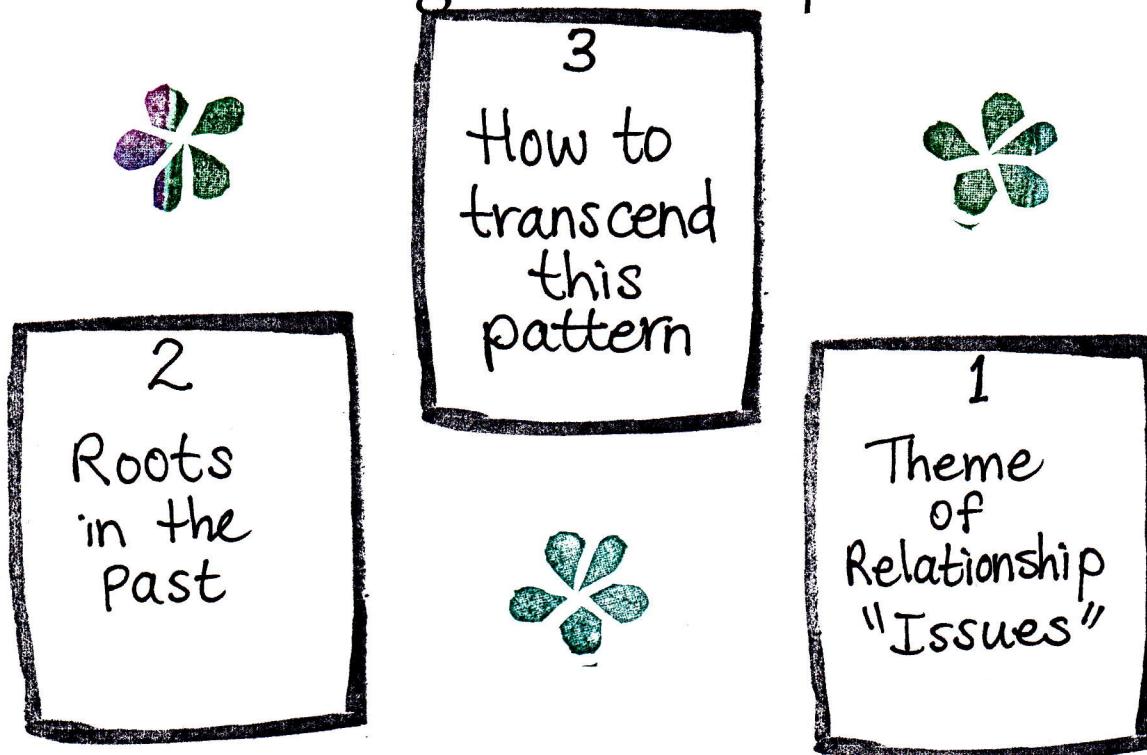
## 4) Let Go

- Fears, hangups, beliefs and unhelpful attitudes that need to be released
- If this card is positive, it can indicate how you can best release what is no longer working for you

## 5) Solution

- Action that will help resolve the issue
- New mindset to adopt or new way of communicating

# Transcending Relationship Patterns



If you find yourself repeating the same dysfunctional patterns in your relationship, or even in *different* relationships, this simple 3 card spread will bring you new perspectives on an old problem. These patterns and cycles keep showing up for you, not because you are dysfunctional, but because this issue is waiting to be healed and understood.

## 1) Theme of Relationship "Issues"

- The common thread that lies in all your relationship issues/problems
- The issue you need to take a look at right now

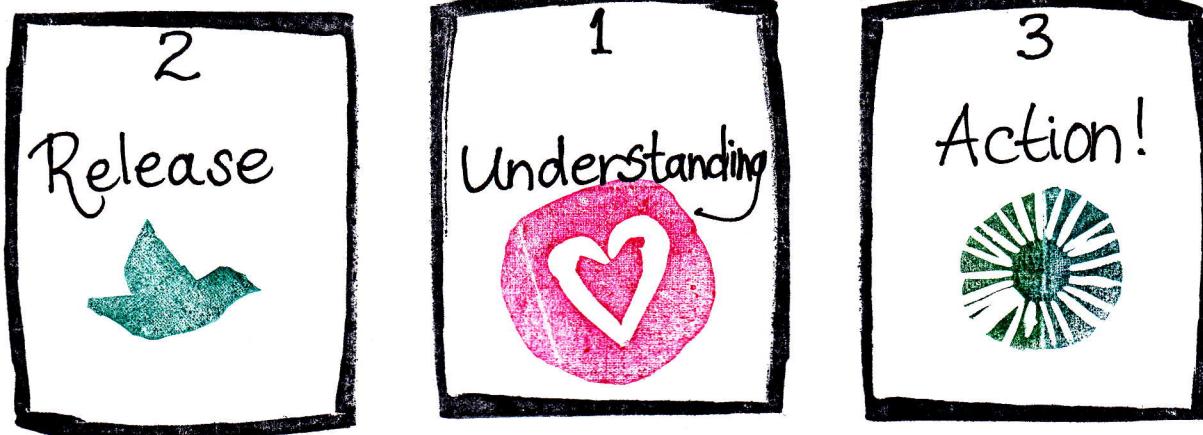
## 2) Roots in the Past

- How this issue is rooted in your past
- Who or what this issue is connected to
- Past "stuff" you need to release in order to step out of this pattern

## 3) How to Transcend this Pattern

- The key to stepping out of this cycle
- What you need to do to free yourself from this pattern

# Getting Over A Break-up



Break-ups are never easy. Hopefully this spread will help you heal, let go and move forward. The first step to moving on is understanding ~ this doesn't necessarily mean knowing *why* the relationship ended, but understanding what role the breakdown of this relationship plays in your soul's path.

## 1) Understanding

- What you need to know and understand about this breakup in order to move on
- The purpose that this relationship (and its ending) serves in your spiritual journey

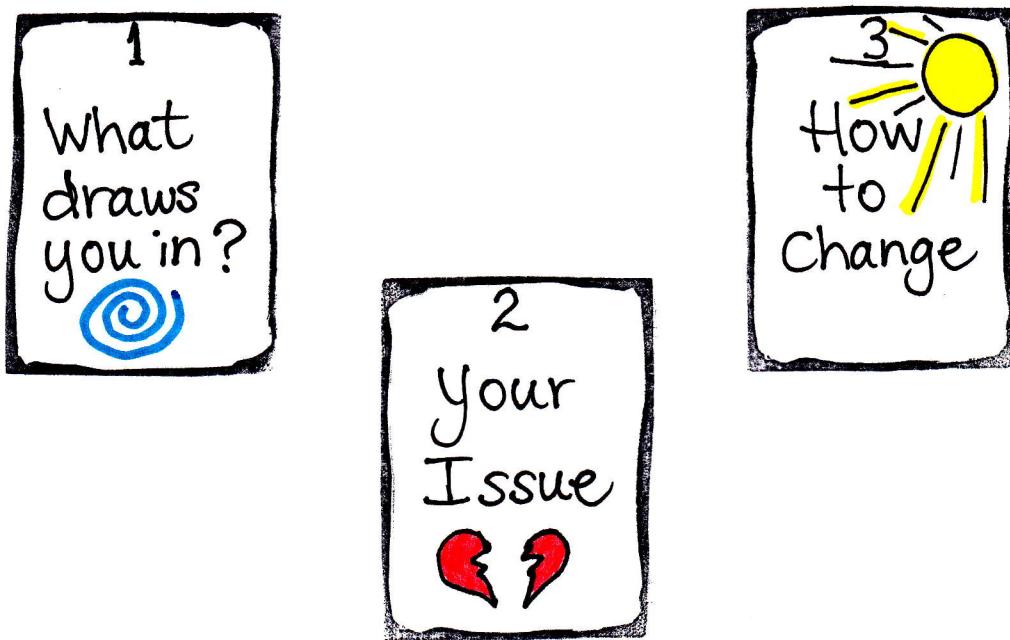
## 2) Release

- *What* you need to let go of in order to fully heal
- *How* you can best let go and move on

## 3) Action

- Steps you can take to begin healing from this breakup
- What will help you move on with things (support systems/people/activities)

# Why am I Attracted to Jerks?



You are powerfully drawn to particular individuals for a reason. This spread is perfect if you don't quite understand *why* you are continually drawn to similar types of people. You can use this spread if you find yourself still attracted to an ex who treated you poorly or if you keep attracting the wrong types of people.

## 1) What draws you in?

- Characteristics and traits that make this person so irresistible
- How this person makes you feel initially

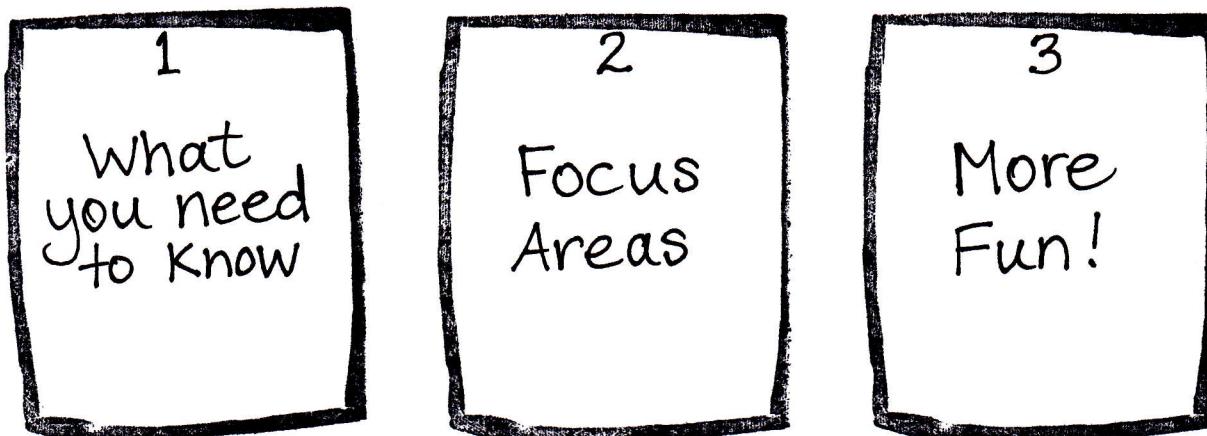
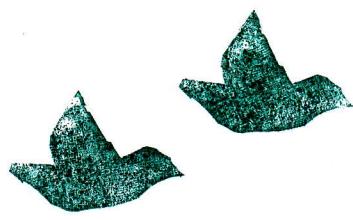
## 2) Your Issue

- Aspect of yourself that needs your love and acceptance
- Unhealed emotional wounds that cause you to be attracted to "jerks"
- *See how this card compares with card #1, as these two are strongly related*

## 3) How to Change

- How to step out of this pattern
- What you need to do to break this habit
- *See how this card interacts with card #2, as these two cards are deeply connected*

# Single & Loving It!



Whether your single and loving it or single and hating it, there is good reason why you are romantically unattached right now – now is the time for you to nurture other areas of your life, such as career, friendship, creativity, physical healing and spiritual development. This 3-card spread reveals how you can make the most of this time and enjoy it fully.

## 1) What You Need to Know

- What you need to understand about this period of your life
- Messages from your guides and angels about your purpose right now

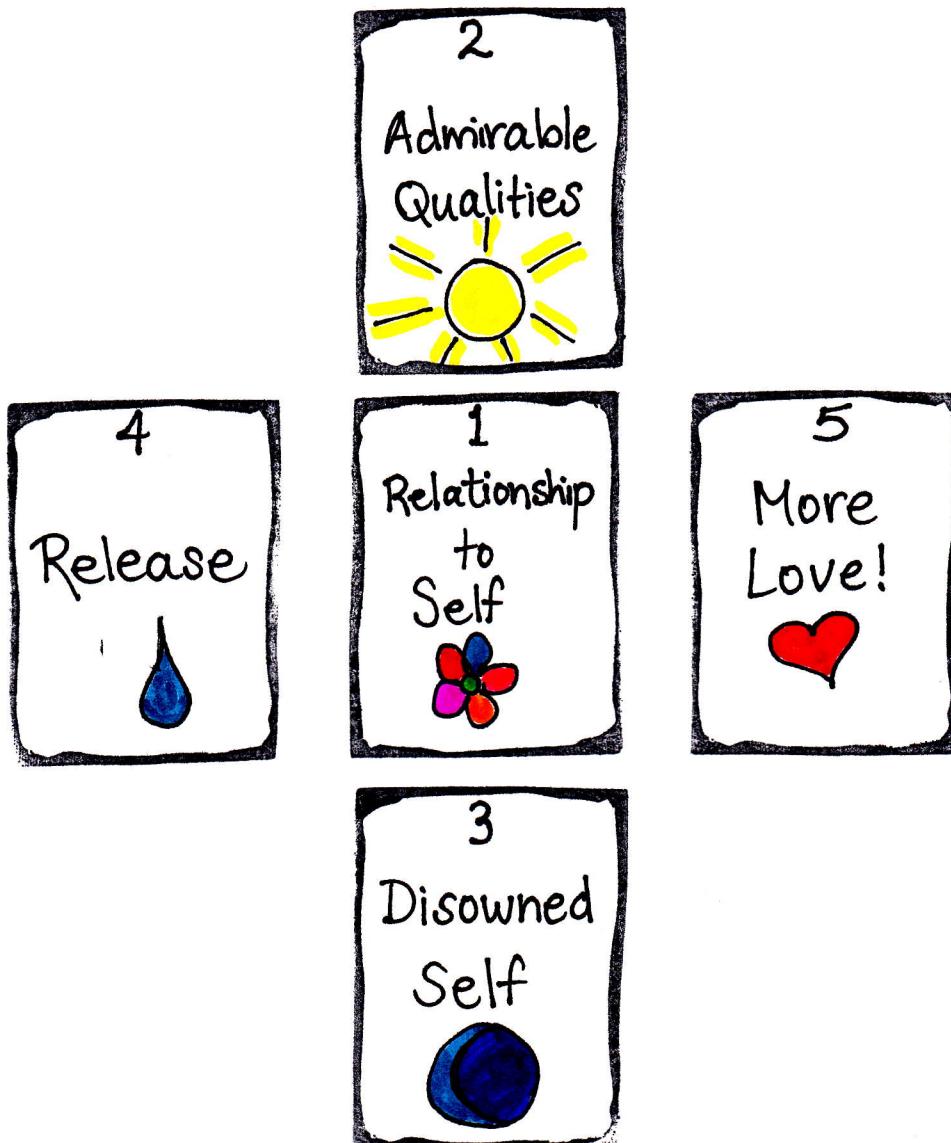
## 2) Focus Areas

- Areas of your life that need your energy and attention right now
- The area of your life that is ready to flourish!

## 3) More Fun!

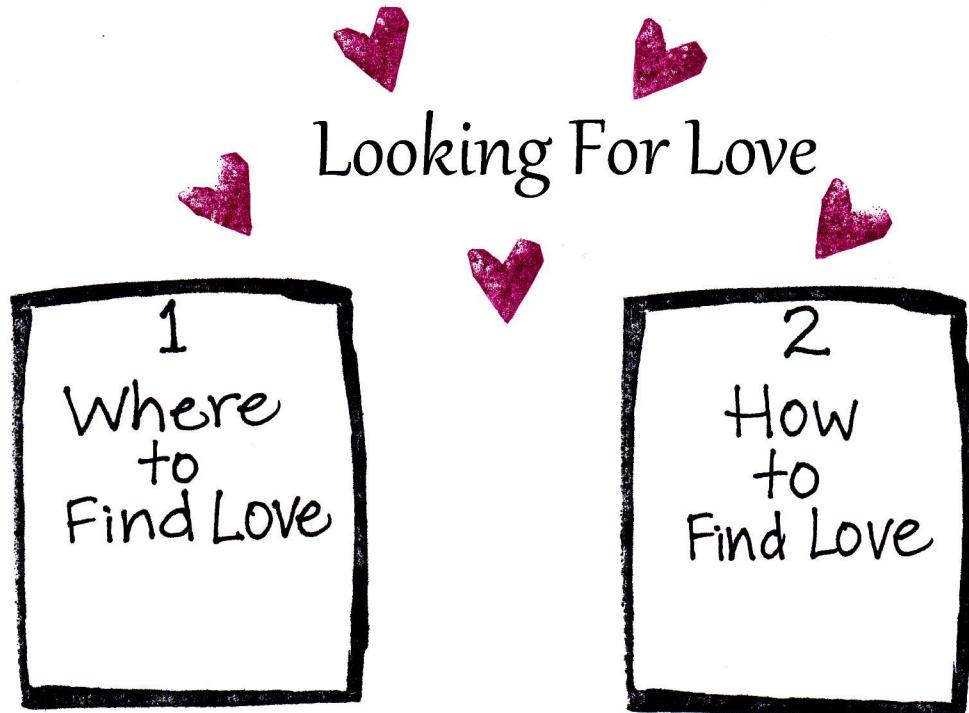
- How you can fully embrace single life and have more fun
- How to make the most of this time of your life

# Self Love Spread



Since your intimate relationships often mirror the relationship you have with yourself, it's important to understand and nurture yourself and treat yourself how you would like others to treat you!

- 1) **Relationship to Self** ~ What is your relationship with your *self* like?
- 2) **Admirable Qualities** ~ The parts of yourself that are easy to love
- 3) **Disowned Self** ~ Your "shadow" aspects, the parts of yourself that need more love and acceptance from you
- 4) **Release** ~ Judgements and expectations that you need to release in order to be more loving to *you*!
- 5) **More Love!** ~ Something loving and nurturing that you can do for yourself *right now*



If you're looking for love, use this 2-card spread to get ideas on where to find it and what you can do to attract the right person. If you have been single for a while and feel that you either attract the wrong people or repel the right ones, card #2 will give you insight in how you can change this. If a card doesn't make sense, draw another card for clarification.

### 1) Where to find love

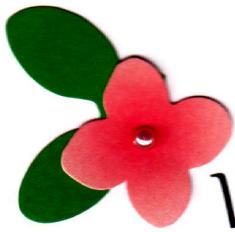
- Locations and settings where you are most likely to meet a romantic partner

**Tips:** Pages denote an educational / class setting, while Knights suggest travel and meeting someone abroad. Pay attention to the landscapes and symbols and what's happening. For example, the Four of Wands can indicate meeting at a celebration or wedding, while Nine of Cups suggests meeting in a bar or nightclub.

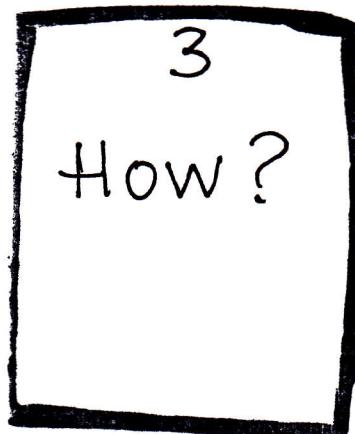
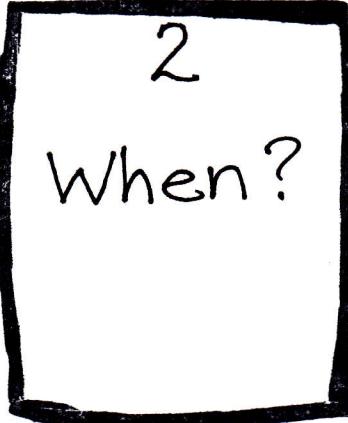
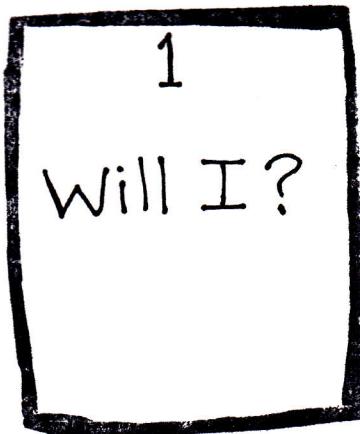
### 2) How to find love

- What you can do now to energetically align yourself with meeting a mate
- What you can do to ensure you attract the *right* person

**Examples:** Five of Cups could mean you need to stop dwelling on the negative, Temperance suggests balancing your life better, while the King of Cups could be about cutting back on drinking and getting more in-touch with your feelings.



# When Will I Meet My Soul-mate?



You are destined to meet your soul-mate eventually, but you may not be destined to meet in *this* lifetime. This Tarot spread helps you delve deeper into the soul-mate issue and is for those who feel they have not yet met their soul-mate.

## 1) Will I?

- Will you meet your soul-mate in this lifetime?
- Pay attention to how this card makes you *feel*

## 2) When?

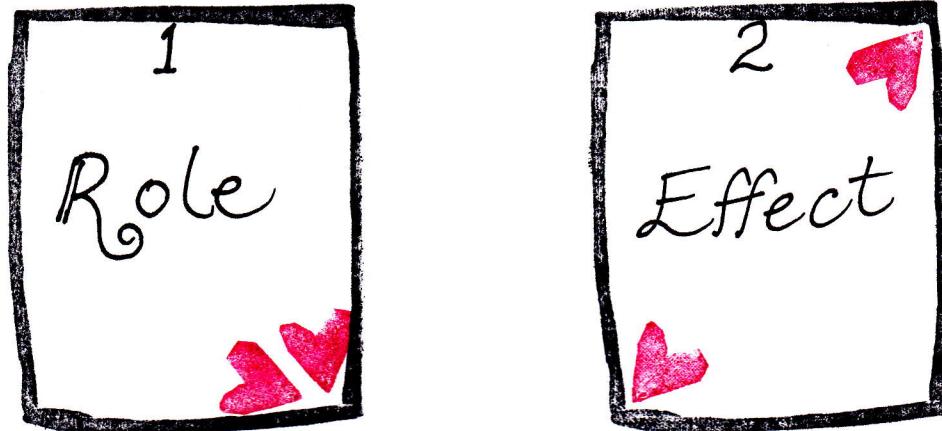
- When will you meet your soul-mate?
- Pay attention to the number on the card

## 3) How?

- How will you meet your soul-mate?
- Circumstances and environment of your meeting

\*If card #1 strongly indicates that you will *not* meet your soul-mate in this life, choose another card to clarify *why* you will not meet. Often, there is a spiritual purpose behind you not meeting, and this card will show you what that purpose is.

# Is He/She The One?



Perhaps you've just met someone or have been dating someone a while and you have a burning curiosity as to whether or not this person is The One. This spread was designed to give you a detailed snapshot of the role that this person will play in your life and the reason you have met them. However, if you are not meant to know if this person is The One, you will not get a clear answer from your cards. If the cards confuse you, put them away and try this spread a few weeks or months from now.

Sometimes, the person you are with is The One *for that stage of your life*. You may not be destined to meet your soul-mate until after you have had several relationships with other people, in which case it is irrelevant whether or not the person you are with right now is your soul-mate. This is particularly true if knowing that he/she isn't your soul-mate would cause you to lose interest in continuing the relationship, depriving yourself of important spiritual growth.

## 1) Role

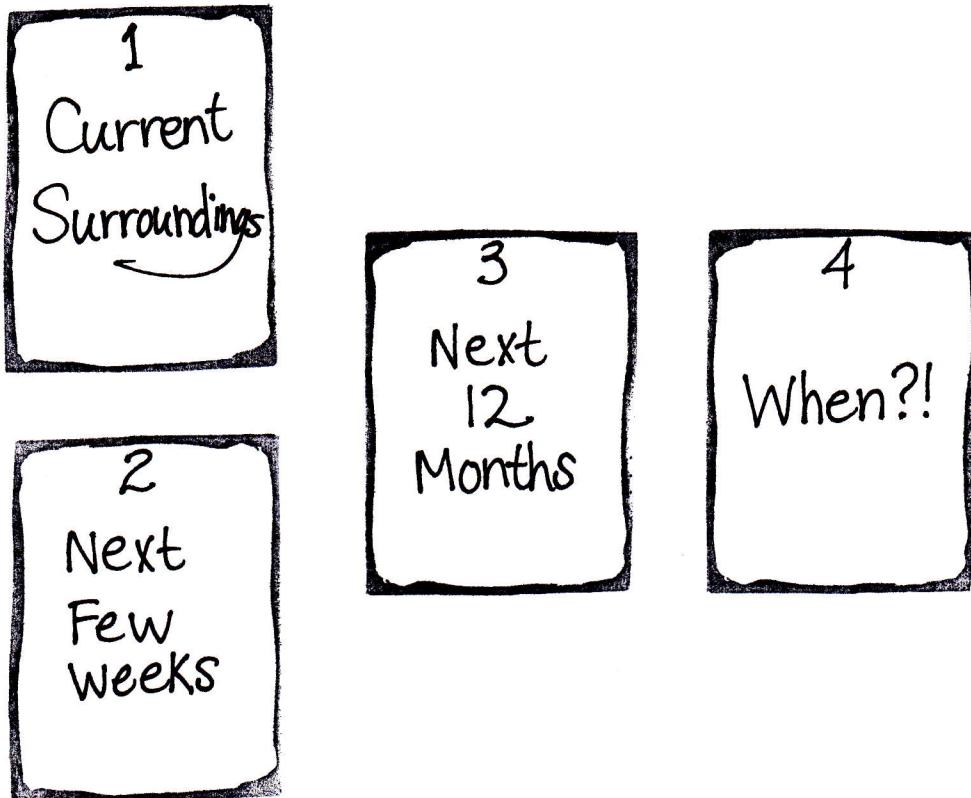
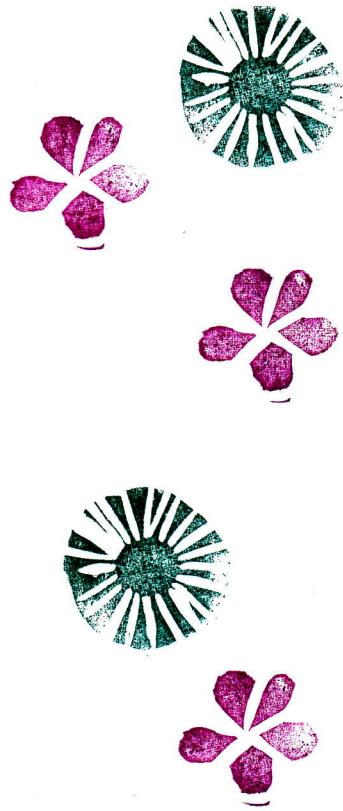
- The role this person will play in your life
- Will he/she be your one great love or just another relationship?

## 2) Effect

- The overall effect this person will have on your life
- The reason for meeting up with this person



# Your Romantic Future Revealed!



Now that you're single, what's next for you romance-wise? Is your next great love affair just around the corner, already under your nose or far off in the distant future? This Tarot spread lays out all the juicy details!

## 1) Current Surroundings

- Is your environment conducive to meeting someone?
- People around you right now who are potential mates

## 2) Next Few Weeks

- What the next few weeks will be like for you romance-wise
- Opportunities that may present themselves soon

## 3) Next 12 Months

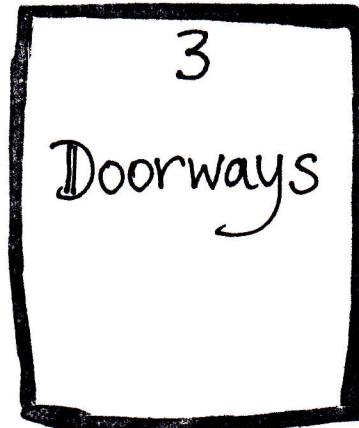
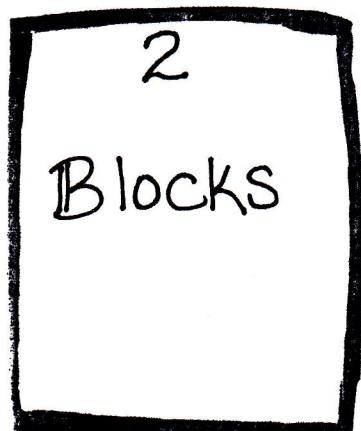
- How your love life will be over the next 12 months
- The theme or overall vibe of your romantic life this year

## 4) When?!

- When you will meet the love of your life (pay attention to the number on the card!)
- This card may also indicate what you need to do, experience, release or heal before meeting the love of your life



# What Kind of a Lover Are You?



Perhaps this is a question you've never asked yourself! This 3 card spread gives you all the juicy details about your lover skills and how you can enhance them even more.

## 1) Your "lover style"

- how you express your sexuality
- how you connect physically, spiritually and emotionally with your partner

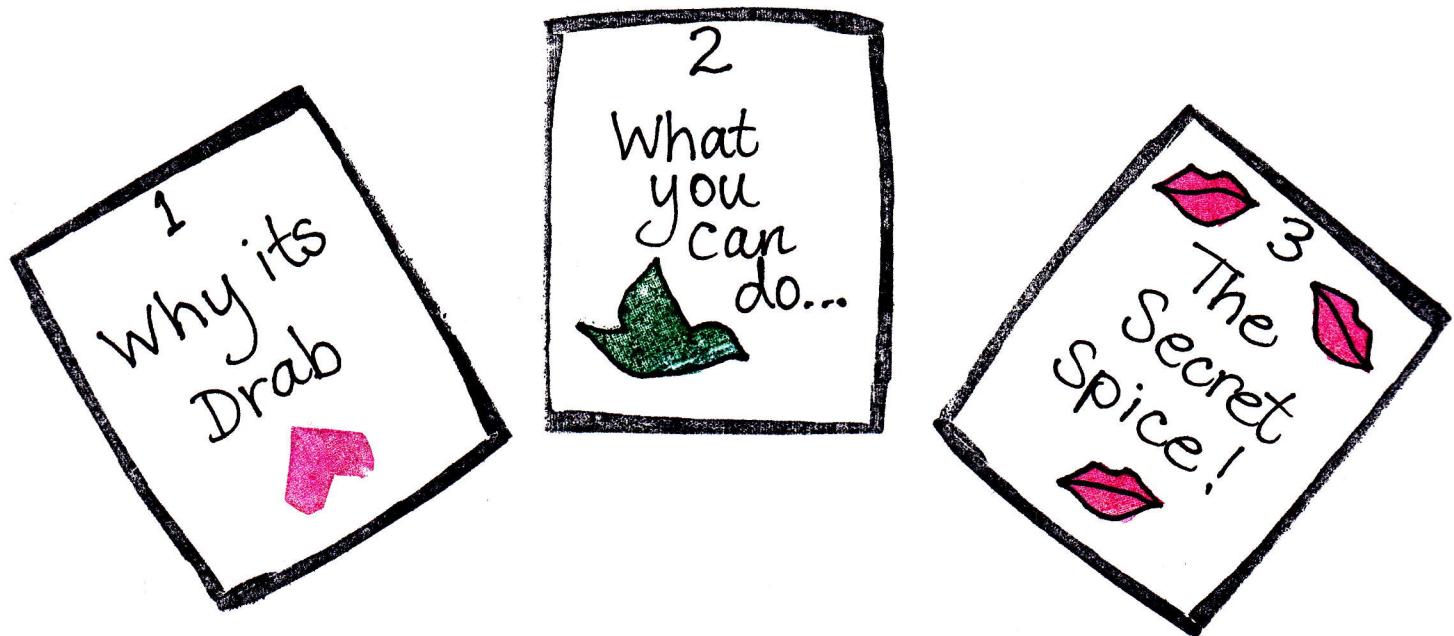
## 2) Blocks

- What is blocking you from becoming a better lover
- What gets in the way of feeling sexually free

## 3) Doorways

- How to open to a greater, freer expression of sexual connection
- Qualities to embrace in order to enhance your sensual side

# Spice Up Your Sex Life!



If you feel your sex life could use a little more spice, this spread is for you. These three cards will reveal why your sex life sucks, what you can do about it and the secret ingredient that will send your libido and sexual chemistry through the roof!

## 1) Why its Drab

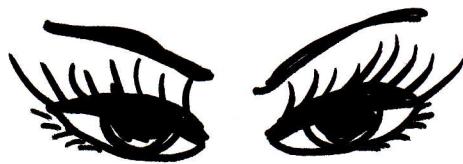
- The cause of your low libido or luke-warm sex life
- What is blocking you from having a more exciting, fulfilling sexual relationship

## 2) What You Can Do

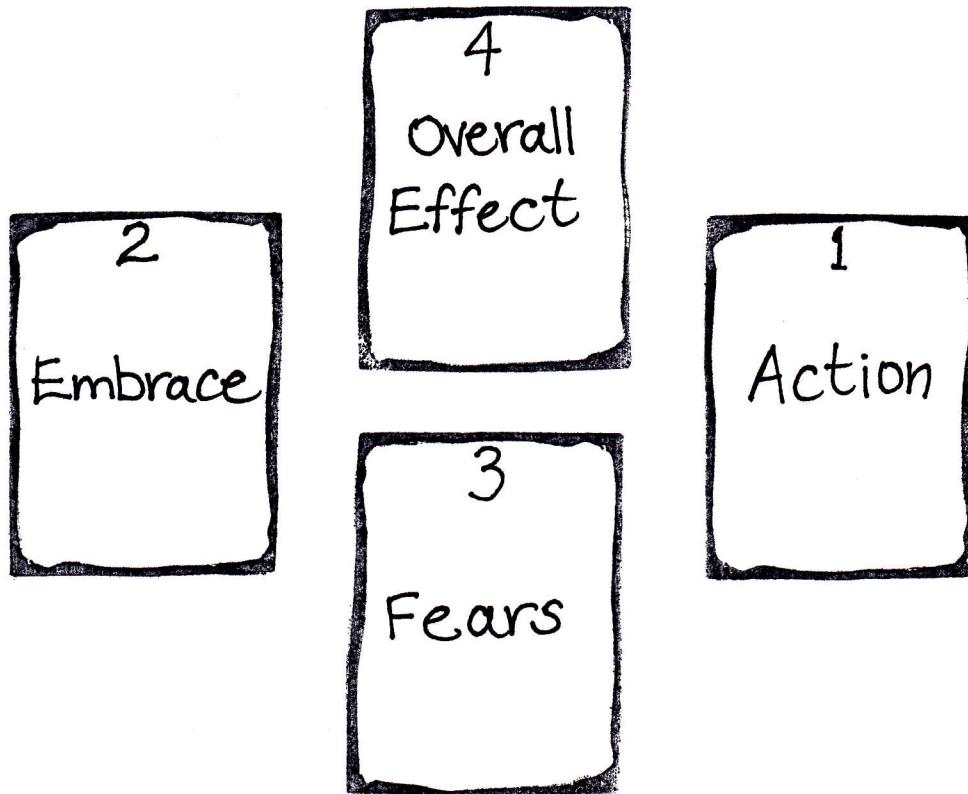
- Action steps you can take to change things, new things you can try
- This card directly relates to card #1, so notice how they interact

## 3) The Secret Spice

- The secret ingredient to igniting your sex life
- Something you hadn't considered that would make a world of difference



# Unleash Your Inner Sex-Vixen!



We all have a deliciously sexy side and this Tarot spread helps you get in touch with it! Take action and try something new, embrace your natural sexiness, release fears and watch how every aspect of your life is blissfully transformed!

## 1) Action

- Actions that will help you activate your sensual side
- New things to try that will help bring your inner sex vixen out of the woodwork

## 2) Embrace

- Natural qualities that, when embraced and emphasized, will unlock your erotic mystique!
- The parts of yourself that need your love and acceptance in order for you to flourish sensually

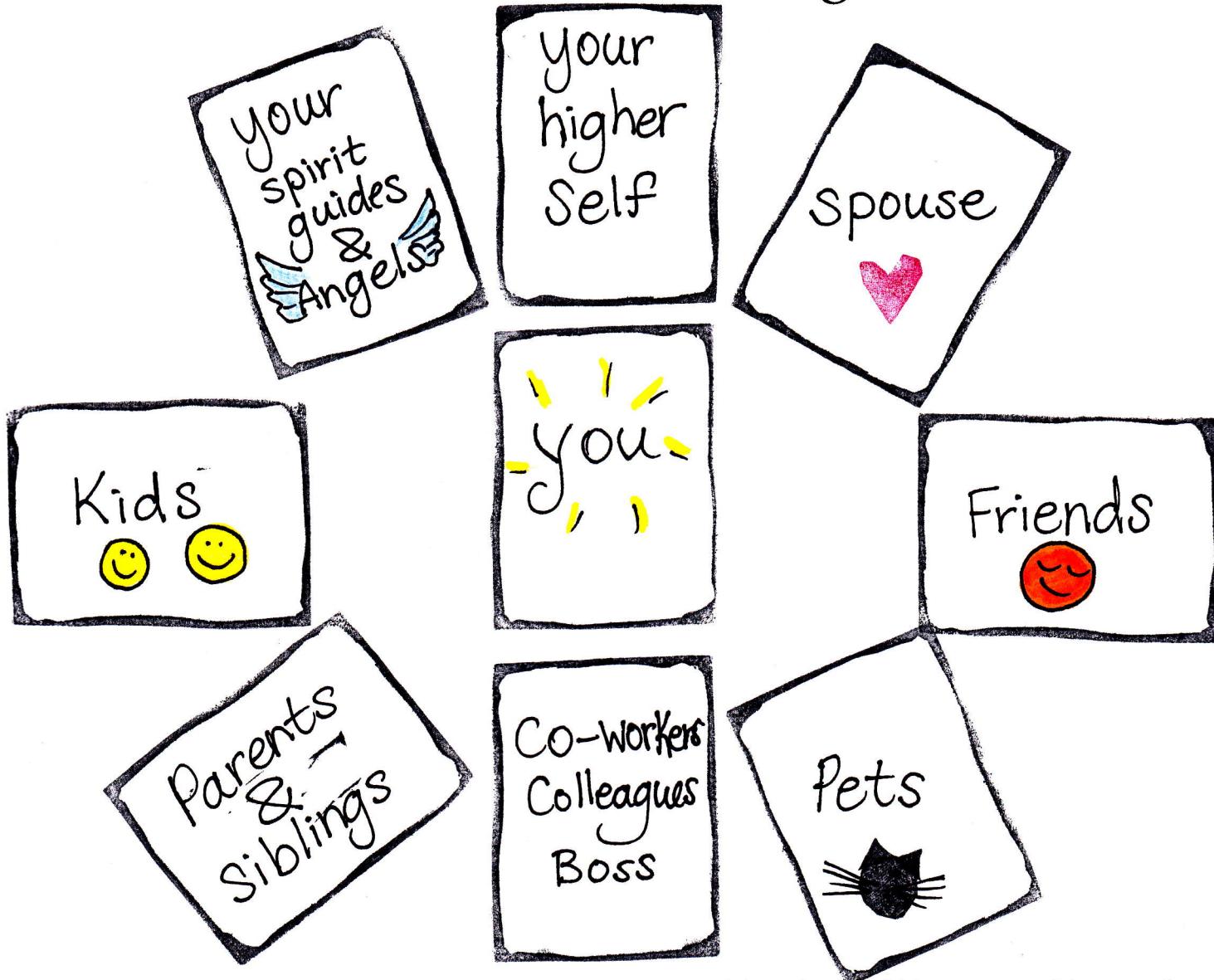
## 3) Fears

- Inhibitions you need to let go of
- What you are afraid of (what stands between you and your inner vixen)

## 4) Overall Effect

- How other areas of your life will be effected by celebrating your sensual side
- How others will respond to this new, more powerful and confident you

# Soul Connections: Relating to Others

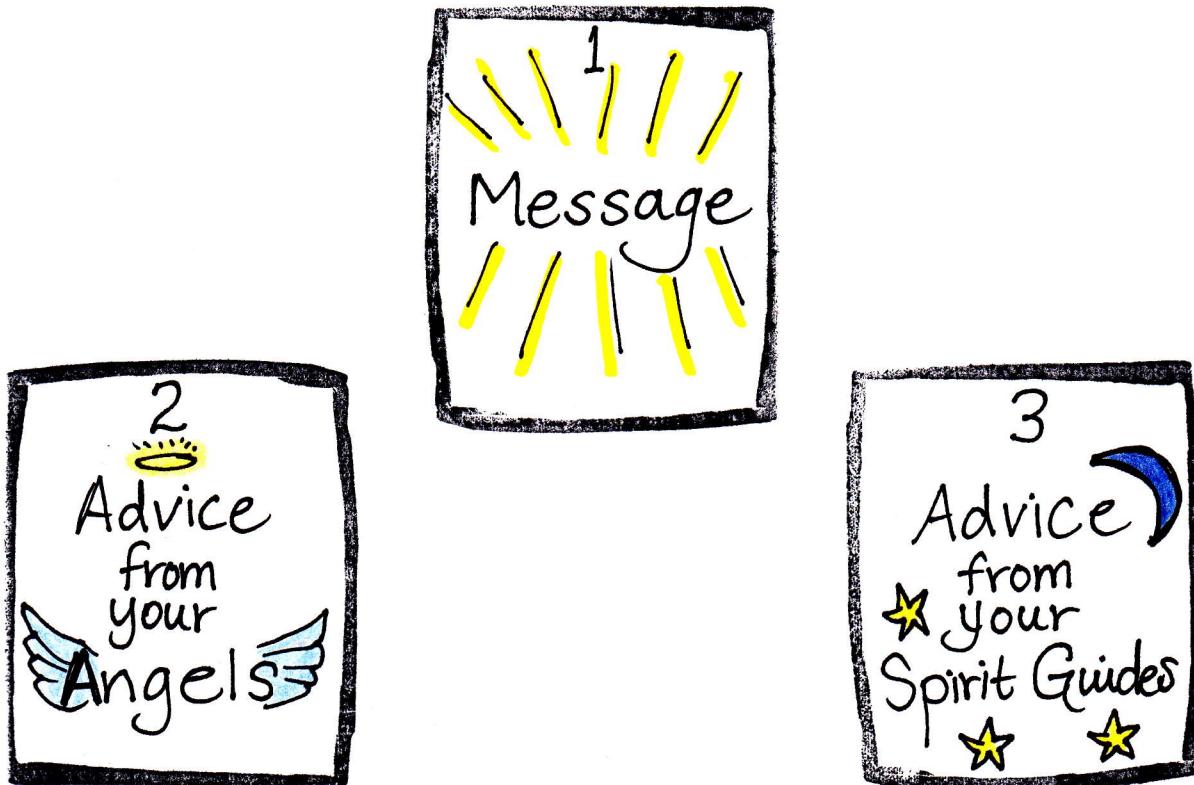


How well are you relating to all the people in your life right now? You can use this spread often to get a sense of what your various relationships are like and how you can best improve them. The centre card represents *you* and the other cards represent various people in your life.

Feel free to adjust this spread so that it closely matches your life. Eliminate the cards that don't apply to you (for example, if you don't have kids, take that one out) and add categories as necessary.

Each card illustrates what is currently going on for that person or group. You can get a sense of what your relationship with them is like by comparing and contrasting the centre card (*you*) with the other cards. Pay special attention to how your card interacts and communicates with the other cards.

# Angel Messages



When it comes to love and relationships, your Angels and Spirit Guides have plenty of wisdom and guidance for you! This spread is designed to open the lines of communication so that you can receive these divine and inspirational messages regarding your love life. If you have Angel cards, use them instead of Tarot cards for this spread.

## 1) Message

- What your Angels and Spirit Guides want you to know right now regarding love and relationships
- Something you have overlooked that your Guides and Angels are drawing attention to

## 2) Loving Advice from your Angels

- What your Angels would like you to do (regarding love/relationships)
- Areas your Angels want you to focus on

## 3) Loving Advice from your Spirit Guides

- What your Spirit Guides would like you to do (regarding love/relationships)
- Areas your Spirit Guides feel you should focus on

## About Kate (aka “The Daily Tarot Girl)



I am an Intuitive Life Coach & Tarot Reader, who loves to write, dance and create art!

I run the popular site *[daily-tarot-girl.com](http://daily-tarot-girl.com)* ~ a haven for Tarot lovers featuring Tarot spreads, instructional videos and articles, deck reviews and a Tarot blog.

I am on a mission to help Tarot lovers all over the world connect and have fun with their cards and become amazing Tarot readers, whether they read for themselves or others.

It is my hope to inspire you to see your Tarot cards not just as a divination tool, but as a method for exploring your *self* and connecting to the Divine.

I believe that while we are the experts in our own lives, Tarot cards can be used to navigate the ups and downs of life, to get clarity on an issue, to gain inspiration on our life path and most importantly...to have fun!